



'समानो मन्त्रः समितिः समानी'

UNIVERSITY OF NORTH BENGAL
B.A. Honours 4th Semester Examination, 2022

GE2-P2-EDUCATION

Time Allotted: 2 Hours

Full Marks: 60

The figures in the margin indicate full marks.

The question paper contains GE-2A and GE-2B. The candidates are required to answer any *one* from *two* papers. Candidates should mention it clearly on the Answer Book.

GE-2A

YOGA EDUCATION

GROUP-A

Answer any *four* questions from the following

3×4 = 12

1. What is the basic principles of Samkhya Philosophy?
2. Give the concept of yoga education.
3. How can you define health?
4. Give any three examples of health related problems.
5. What do you mean by stress?
6. What do you mean by yogic concept of healthy life style?

GROUP-B

Answer any *four* questions from the following

6×4=24

7. Write the need of yoga for good health.
8. Explain the yoga related to Bhagwad Gita.
9. Discuss the general guidelines for performing Yoga Education.
10. Explain the role of teachers in implementing Yoga Education.
11. How yoga education is explained in Yoga philosophy?
12. Explain yoga education in Samkhya philosophy.

GROUP-C

Answer any *two* questions from the following

12×2 = 24

13. Define yoga education. Explain the nature and aims of Yoga Education.

3+5+4

- | | | |
|-----|---|-----|
| 14. | Explain different types of yoga education. Discuss the significance of yogic texts in the context of schools of Yoga. | 6+6 |
| 15. | Discuss the historical background of Yoga Education. | 12 |
| 16. | Discuss the importance of yoga in the reduction of stress in modern life. | 12 |

OR

GE-2B

HUMAN RIGHTS EDUCATION

GROUP-A

Answer any *four* questions from the following

3×4 = 12

1. What do you mean by equality and equity in education?
2. What are the objectives of Human Rights Commission?
3. What do you mean by Human Rights Education?
4. What is the role of media in Human Rights Education?
5. Write any three importance of Human Rights Education.
6. What is the role of teachers in building the concept of human rights among learners?

GROUP-B

Answer any *four* questions from the following

6×4 = 24

7. Discuss the role of Supreme Court in relation to enforcement of Human Rights in India.
8. Explain the limitations of United Nations in relation to Human Rights.
9. Explain the role of NGOs in the advocacy of human rights.
10. Explain liberty and justice in relation to Human Values.
11. Explain the nature of Human Rights.
12. Discuss the duties of United Nations in relation to Human Rights.

GROUP-C

Answer any *two* questions from the following

12×2 = 24

- | | | |
|-----|---|-----|
| 13. | Discuss the nature and significance of Human Rights Education. | 6+6 |
| 14. | Explain in brief the Universal Declaration of human rights. | 12 |
| 15. | Discuss Human Rights Act, 1993. | 12 |
| 16. | Discuss the role of educational institutions in building human rights concept among students. | 12 |

—x—