



**UNIVERSITY OF NORTH BENGAL**  
B.A. Honours 4th Semester Examination, 2021

**GE4-EDUCATION (2A & 2B)**

Full Marks: 60

**ASSIGNMENT**

*The figures in the margin indicate full marks.  
Candidates should follow the word limit mentioned against each questions.  
Candidates should give assignment based answer in their own words as far as practicable.*

**The question paper contains GE-2A and GE-2B. The candidates are required to answer any *one* from *two* papers.  
Candidates should mention it clearly on the Answer Book.**

**GE-2A**

**YOGA EDUCATION**

**GROUP-A**

**Write any *two* assignment based answer from the following questions** 20×2 =40  
**(The word limit of each answer will be 500 words)**

1. Define Yoga Education. Discuss principles of yoga education in Sankhya philosophy. How does yoga help in stress management? 2+10+8
2. Write the objectives of Yoga. Discuss the importance of yoga in the present context. What are the different forms of yoga according to Bhagwad Gita? 4+8+8
3. What are the aims of Yoga Education? Briefly describe different kinds of Yoga. Discuss the development of Yoga in modern period. 4+8+8
4. Write the etymological meaning of Yoga. Describe true nature of Yoga. Explain interrelationship between Yoga Philosophy and Yoga Education. 3+7+10

**GROUP-B**

**Write any *two* assignment based answer from the following questions** 10×2=20  
**(The word limit of each answer will be 300 words)**

5. What are the objectives of Health education in school curriculum? 10
6. Explain health related problems and its preventive measures through yoga activity. 10
7. Describe general guidelines for conducting Yoga Education. 10
8. How will you organize Yoga Education in the classroom? 10

OR

GE-2B

HUMAN RIGHTS EDUCATION

GROUP-A

Write any *two* assignment based answer from the following questions 20×2 =40  
(The word limit of each answer will be 500 words)

1. What do you mean by Human Values? Write a brief note on Universal Declaration of Human Rights. How do NGOs help in promoting Human Rights? 4+10+6
2. Define Human Rights. Mention the duties of United Nations with regard to protection of Human Rights. Discuss the role of educational institutions on Human Rights. 3+10+7
3. What do you mean by Human Rights Education? Explain objectives of Human Rights Commission. Describe significance of Human Rights Education. 4+6+10
4. Briefly discuss concept of Human Rights. Explain limitations of United Nations regarding Human Rights. Describe role of the Supreme Court as an enforcement mechanism in India. 4+8+8

GROUP-B

Write any *two* assignment based answer from the following questions 10×2 =20  
(The word limit of each answer will be 300 words)

5. Discuss the nature of Human Rights. 10
6. Explain Role of Press and Media in promoting Human Rights. 10
7. Briefly describe Human Rights Act-1993. 10
8. Write short notes on: 5+5  
(a) Liberty  
(b) Equality.

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