



'সমানো মন্ত্র: সমিতি: সমানী'

UNIVERSITY OF NORTH BENGAL
B.A. Honours 2nd Semester Examination, 2022

GE1-P2-EDUCATION

Time Allotted: 2 Hours

Full Marks: 60

The figures in the margin indicate full marks.

The Question paper consists of 2 sets, GE-2A and GE-2B. The Candidates have to answer any *one* from the *two* sets. Candidates should mention it clearly on the Answer Book.

GE-2A
YOGA EDUCATION
GROUP-A

Answer any *four* questions

3×4 = 12

1. Define Yoga Education, in your own words.
2. What are the different types of Yoga?
3. According to you, what is the aim of Yoga Education?
4. How can we reduce stress through the practice of Yoga?
5. What do you understand by healthy life style?
6. What are the health related problems?

GROUP-B

Answer any *four* questions from the following

6×4 = 24

7. Explain the meaning, nature and aims of Yoga Education.
8. Discuss in your own words, about the different types of Yoga.
9. Mention certain general guidelines for performing Yoga Education.
10. Write about Yoga Philosophy and Yoga Education.
11. Discuss how Yoga has been reflected in Bhagwat Gita?
12. Describe the need of Yoga for healthy life style.

GROUP-C

Answer any *two* questions from the following

12×2 = 24

13. Discuss the relationship among Samkhya Philosophy and Bhagwat Gita.
14. Write the historical background of Yoga Education.

15. Write the significance of Yogic texts in the context of schools of Yoga.
16. What is Asta Yoga? Discuss its role in Yoga Education. 6+6

GE-2B
HUMAN RIGHTS EDUCATION

GROUP-A

Answer any four questions from the following 3×4 = 12

1. What is Human Rights Education?
2. What are Human values?
3. Write any three roles of Press and Media in protecting Human Rights.
4. What are the limitations of United Nations?
5. Write three objectives of Human Rights Commission.
6. Write three roles of NGO's.

GROUP-B

Answer any four questions from the following 6×4 = 24

7. Explain the nature and concept of Human Rights.
8. Briefly discuss the roles of Supreme Court and High Court.
9. Write the roles of Educational institutions.
10. What are the duties and limitation of Human Rights?
11. Enumerate the meaning and significance of Human Rights.
12. Discuss the role and objectives of Human Rights Commission.

GROUP-C

Answer any two questions from the following 12×2 = 24

13. Explain the historical background of human rights from National and International perspectives.
14. Explain in detail about Human Rights Act-1993.
15. Write the meaning of Human Rights. Write in brief about different human values— Dignity, Liberty, Equality, Justice and Unity in Diversity.
16. Discuss universal declaration of human rights.

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